

Medical Alchemy

Rasa Shastra, Tibb & Chinese Alchemy: Theory & Practice

Starting this September 2010 at Child Okeford (North Dorset) there will be an opportunity to discover the theoretical and practical techniques of medical alchemy as practised within the sciences of Rasa Shastra (Indian Alchemy), Al Kimya (Arabian alchemy) and Tan (Chinese Alchemy).

These extraordinary sciences have been shrouded in mystery for many years but are now finally rekindling the imagination of those seeking more powerful remedies to combat the relentless diseases of the 21st century.

Although known by different names around the globe, medical alchemy has left its mark upon many cultures throughout history. Medicinal alchemy takes a variety of minerals, metals and gemstones and subjects them to complex procedures which enable them to release their potent medicinal attributes.

Once understood and widely practised, these sciences fell into obscurity and legend in many parts of the world. In India, Sri Lanka, Bangladesh, China and Pakistan medicinal alchemical preparations are regularly administered in cases involving chronic debility, where other more traditional methods (both indigenous and allopathic) have failed to produce results.

There are many advantages of alchemical preparations but most notably it is its minute dosage and efficacy that draws healers to its use. In the traditional medicine system of Ayurveda, Unani and Chinese medicine it is quite common to use an alchemical ingredient in amongst herbs and animal products.

The transformation of a poison through purification to medicine is difficult and complicated; however material such as Sulphur, Gypsum and Gold can be transmuted into a powerful remedy capable of restoring health to the body. These alchemical preparations are supreme tonics, having excellent rejuvenative properties in cases of chronic disease.

Medical alchemy is a large subject and there are many different approaches on how best to select and purify a particular material. This introductory course in basic medical alchemy skills will concentrate on the purification of three basic materials listed below:

1. Mineral Kingdom / Gandhaka (*Sulphur*)
2. Animal Kingdom / Sukti (*Mother of Pearl*)
3. Plant Kingdom / Kuchala (*Nux Vomica*)

Each of the above materials has potent healing qualities and has been used safely for many centuries in both Asian and Arabic medicine systems.

In this two day course (theoretical and practical) you will be given the opportunity to learn the basic skills needed to safely purify these elements and understand their clinical usage.

Be prepared to get your hands dirty, as these techniques are quite physical – involving grinding, mixing and high temperatures. Good working clothes are advised along with waterproof shoes or boots. Any safety equipment required will be provided on the day.

Applicants for this unique course will be able to observe the alchemical transmutation of these three materials and keep their own individual processed samples at the close of the weekend's instruction.

Purification of the above materials will be completed over the weekend. The history, philosophy and principles of Medical alchemy will be given between practical sessions. There will be onsite refreshments available at the venues resident café.

For more information to secure your place on this unique course please contact:

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Name:

Profession:

Address:

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Telephone Number(s):

Email:

Please enrol me for the medical alchemy weekend on:
(Date) 18th / 19th September 2010 at
(Venue) Goldhill Organic Farm

Please find enclosed payment of £225.00

I want to pay by: **Please tick next to appropriate:**

- 1) Cheque (payable to 'Mohsin Institute')
- 2) Credit/debit card (we will call you on contact number(s) to take details of your card)
- 3) Bank transfer (we will call you to confirm account details)

I understand that the above fees are for 2 days medical alchemy, and include instructions and practicals for the 2 day period; it does not include accommodation, travel, food or refreshments. The participants are responsible for their own arrangements for travel, food and accommodation. Please note that the fees are non refundable.

Please send your completed form to:

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